



# Newsletter Q2 of 2024 會員通訊 2024年第二季度

*To: Dearest Mom*

*Mother's  
Day..*



親愛的會員們，

農曆新年已經過去，我們希望大家都有一个愉快且充满喜悦的新年假期！

在新的一年里，我們將繼續為您帶來更多精彩的活動和娛樂。三月份，我們剛舉辦了假日展銷會及復活節嘉年華；四月份，還有歌唱比賽等多種娛樂活動。希望大家能夠參與其中，共同創造美好的回憶。

泳池將在四月一日重新開放！我們期待著您的到來，享受游泳的樂趣。

我們將繼續努力提供最好的服務和設施，以確保您在我們的會所中渡過愉快和富有意義的時光。祝願您和您的家人在新的一年里身體健康、家庭幸福美滿！

Dear members,

The Lunar New Year has come and gone, and we wish that you all had a joyful and delightful holiday season!

In the coming months, we will continue to bring you more exciting events and entertainment. In March, we had hosted a Shopping Fair and the Easter Carnival, as well as a singing competition and various entertainment activities. Hope to provide you more fun and opportunities for interaction that you will participate and create wonderful memories together.

Furthermore, we are delighted to announce that our swimming pool will be reopening on April 1<sup>st</sup>! We look forward to your visit and experiencing the joy of swimming together.

Lastly, we would like to express our gratitude for your support and participation. We will continue to strive to provide the best services and facilities to ensure that you have a pleasant and meaningful time in our club. We wish you and your family good health and happiness in the year ahead!



洪克熙 Eddy Hung  
會所經理 Club Manager

## 超強颱風應變通告 Contingency Plans of Super Typhoon Notice

踏入颱風季，為保障各會員及本會職員自身的安全，本會將有以下的安排：  
To ensure the safety of our members and employees, the Club will have the following arrangements for Super Typhoon:

香港天文台公佈指引的時間 Announcement Made by Hong Kong Observatory	俱樂部採取的應變措施 Contingency Plans Adopted by the Club
如於早上6:00發出或預告早上8:00前發出9號或以上的烈風或暴風信號 If Tropical Warning Signal No.9 or above is announced at 6:00am or the Pre-No.9 Typhoon Warning is issued on or before 8:00am	暫停營業 Will be closed temporarily
如於下午3:00或之前改掛8號或以下的信號 If the Signal is lowered to No.8 or below on or before 3:00pm	將於晚上6:00恢復營業 Will resume normal operation at 6:00pm
如於下午3:00後改掛8號或以下的信號 If the Signal is lowered to No.8 or below after 3:00pm	維持餘下時間暫停營業 Will remain closed for the rest of the day

請各位會員留意最新風暴消息，不便之處，敬請原諒！  
Please pay attention to the latest Typhoon information. We apologize for any inconvenience caused.



### 特別通告 Special Notice

**嚴禁穿著各式人字拖或拖鞋**  
**Strictly No Flip Flops or Slippers**

不准於室內設施穿著任何時尚、顏色人字拖或拖鞋。  
No Flip flops with any design and colour or slippers are permitted.

(俱樂部有權拒絕其認為衣著不恰當之任何會員、賓客或人士進入中西餐廳及俱樂部會所範圍內。  
The Club reserves the right to refuse any Member or Guest, who is not suitably dressed to enter the indoor dining facilities and the Club Premises.)

禮品贊助：



主辦：錦綉花園鄉村俱樂部



# FAIRVIEW NEW STAR SINGING CONTEST 錦綉超新星2024 歌唱大賽

暨環球美食自助晚餐  
cum International Delicacies Dinner Buffet

舉行日期：19/4/2024 (星期五)  
舉行時間：晚上7時30分開始  
舉行地點：西餐廳 - 亭林閣



對象：會員或由會員推薦的嘉賓 (參賽名額先到先得，會員優先)  
名額：20名  
參賽資格：年齡10歲或以上

報名費用：免費  
報名方法：於大堂接待處索取報名表格，填妥後交回接待處。  
截止日期：7/4/2024 (星期日) 晚上9時止

獎項：冠軍 (\$1,500 餐飲現金券 及 贊助商禮品一份)  
亞軍 (\$1,000 餐飲現金券 及 贊助商禮品一份)  
季軍 (\$500 餐飲現金券 及 贊助商禮品一份)  
\*最受歡迎獎 (\$500 餐飲現金券 及 贊助商禮品一份)  
\*此獎項由全場觀眾投票選出

查詢詳情，請與會員部聯絡，電話：2471 6333。



以上圖片只供參考 The above pictures are for reference only

訂座電話  
Reservations  
2482-8675  
2471-6333

## 環球美食自助晚餐 International Delicacies Dinner Buffet

Date: 19/4/2024 (Friday) Time: 6:30pm - 9:30pm

HK\$368 (成人 Adult)

HK\$308 (小童 Child / 12歲或以下 Aged 12 or under)  
(長者 Senior / 65歲或以上 Aged 65 or above)

請參賽者及支持者及早預訂自助晚餐，預留最佳觀賞位置作打氣之用。座位有限，不設觀眾座位，不便之處，敬請原諒！  
Early booking for the dinner buffet is required so as to reserve the best viewing position to support the participants. Except the buffet seating, the audience seating will not be set due to availability. We are sorry for any inconvenience caused!

4月3日至30日  
3 - 30 April



年年有魚  
Fish Cuisine Delicacies

4月17日至5月31日  
17 April - 31 May



潮式美食坊  
Chaozhou Delicacies Delight

5月8日起推出  
Starting from 8 May



風味家鄉粽  
Traditional Cantonese Rice  
Dumplings Promotion

5月4至5日及11至12日  
4 - 5 & 11 - 12 May



母親節特備菜式及套餐推介  
Mother's Day Special Menu

6月5日至30日  
5 - 30 June



順德風味篇  
Shunde Cuisine Delicacies

6月8至9日及15至16日  
8 - 9 & 15 - 16 June



父親節特備菜式及套餐推介  
Father's Day Special Menu

4月2日至5月3日  
2 April - 3 May



葡萄牙菜式推廣  
Portuguese Food Promotion

4月19日  
19 April



超新星歌唱比賽暨環球美食自助晚餐  
New Star Singing Contest cum  
International Delicacies Dinner Buffet

5月7日至31日  
7 - 31 May



焗出好滋味  
Baked Yummy Food

5月12日  
12 May



母親節自助晚餐  
Mother's Day Dinner Buffet

6月4日至28日  
4 - 28 June



稱心滿“意”  
Pizza & Italian Food Satisfaction

6月16日  
16 June



父親節特選晚餐  
Father's Day Special Set Dinner



查詢詳情，請致電 : 2471 6333  
For details, please call : 2471 6333



專賣店最新資訊 Pro-shop Update



**購買精美的肥皂花  
給摯愛的母親**

Soap flowers on sale for your beloved Mother

*Happy Mother's Day*

推廣期 Promotion Period :  
01 - 12 / 5 / 2024

詳情請留意宣傳單張。 For details, please refer to the promotion flyer.

**乒乓球單打比賽2024  
Table-Tennis Single Competition 2024**

日期 Date : 13 & 14 / 4 / 2024  
星期六及日 (Sat & Sun)

時間 Time : 10am - 7pm

地點 Venue : 乒乓球室及壁球室  
Table-tennis Room & Squash Court

組別 Group : 少年男女子混合組 (7至14歲)  
Junior Group (7yrs to 14yrs)  
青年及成人男/女子組合 (15歲或以上)  
Teens and Adults Group (15yrs or above)

詳情請留意宣傳單張。  
For details, please refer to the promotion flyer.

**英式桌球錦標賽2024  
Snooker Competition 2024**

日期 Date : 22 & 23 / 6 / 2024  
星期六及日 (Sat & Sun)

時間 Time : 10am - 10pm

地點 Venue : 桌球室 Snooker Room

組別 Group : 16歲或以上 16yrs or above

內容 Details : 桌球比賽及一桿最高高度數獎  
Snooker Competition and  
one cue highest point award

詳情請留意宣傳單張。  
For details, please refer to the promotion flyer.

**夏日芳香養生優惠**

Summer Fragrance Health Promotion

推廣期 Promotion Period :

**1/4/2024 - 30/6/2024**

會員於推廣期內惠顧 **法國香薰按摩**

兩節或以上(每節45分鐘), 即可享有**九折**優惠。

During the promotion period, Members can enjoy a **10% discount** on TWO sessions or above (45 minutes per session) of **Aromatherapy Body Massage**.

**疏通淋巴**  
Lymphatic Drainage

**排出毒素**  
Release Toxic build-up

**改善血液循環**  
Improve Blood Circulation

(優惠不可同時使用 These special offers cannot be used in conjunction with each other)

本會專業美容師可提供專業建議, 務求用最安全及有效的皮膚護理給每位客人。若購買套票療程, 可享有折扣優惠。如想親身體驗, 可向美容師或康體部職員查詢及預約。

Our beautician can provide professional advice, with the most safe and effective skin care to each member. Discount will be offered on packages. Please contact our beautician or S&R staff for details and advance booking is required.

以上優惠不可與其他優惠或折扣同時使用, 若有任何爭議, 任何有關折扣優惠的理解或詮釋所引致的糾紛, 由本會保留最終決定權。

The above offers cannot be used in conjunction with other promotions, discount and offers. Each person can only enjoy the discount once. The Club reserves the right to amend/ cancel the offer anytime without prior notice. In case of any disputes, the Club's decision shall be final and binding.

**2024年游泳池重新開放  
Reopening of Swimming Pool in 2024**

**2024年游泳池開放時間表  
Timetable for Pool Opening in 2024**

	4月至10月 April to October	11月 November
星期一至日及公眾假期 Mon to Sun & Public Holidays	7am - 12nn 2pm - 6pm 7pm - 10pm	7am - 12nn 2pm - 5pm

游泳池將於2024年4月1日(星期一)重新開放, 詳情請參閱上述時間表。

Please be informed that the swimming pool will be reopened on Monday, 1 April 2024. For details, please refer to the above timetable.

**嘉賓康體券價目表  
S&R Guest Coupon Price List**

類別 Category	4月至6月 April - June		7月至9月 July - September	
	平日 Weekdays	星期六、日及公眾假期 Sat, Sun & Public Holidays	平日 Weekdays	星期六、日及公眾假期 Sat, Sun & Public Holidays
小童 Child (3至12歲) Aged 3 to 12)	\$55	\$80	\$80	\$80
長者 Senior (65歲或以上) Aged 65 or above)	\$55	\$80	\$80	\$80
青少年及成人 Teens and Adult	\$110	\$150	\$150	\$150

嘉賓康體券只可在購買當天使用, 不設預售。  
A guest coupon is only valid on the day of issue and no advance purchase is allowed.

**嘉賓康體券購買 Purchase of Guest Coupons**

隨著本會所使用設施的人數不斷增加, 現提醒各會員《俱樂部章程》第22.4條: 「任何會員不可於同一月份內為同一位嘉賓購買多於兩張嘉賓康體券。」為保障購買康體券之權利不被濫用, 請各會員遵守有關條款。

With the increased usage rate of the S&R facilities, members are reminded of the Club 《Bye-Laws》 Clause 22.4: "Non-members shall not be brought to the Club as guests by the same member more than twice in any one calendar month." To ensure the privilege for purchase of guest coupons is not abused, members are required to follow the rules and regulations concerned properly.

4/2/2024

# 網球同樂日 Tennis Fun Day

活動花絮 Highlights



本會網球隊諮詢委員會 2024/25年度之選舉已於 25/2/2024 完成，成員如下：

The 2024/25 Advisory Committee of FPCC Tennis Team was elected on 25 February 2024. Committee members are listed below :

- 主席 : 倪德禮先生
- 副主席 : 尤 省先生
- 司庫 : 陳日慶先生
- 總隊長 : 郭子仁先生
- 技術顧問: 李民基先生
- 比賽主委: 周國華先生、關雋熙先生
- 康樂公關: 王淑勤小姐、黃志祥先生
- 委員 : 曾桂梅小姐
- 名譽秘書: 楊靜儀小姐

## 錦綉花園網球隊

Fairview Park Country Club Tennis Team

- 為隊員提供練習時間  
Provide the practice time for players
- 安排隊員技術上指導及教學  
Arrange the Technical guidance and Coaching
- 讓隊員參與香港網球聯賽機會  
Opportunities for players to participate in the Hong Kong Tennis League
- 定期舉辦旅行及網球聯誼活動  
Organize Travel and Tennis fellowship activities regularly.

**誠邀你加入!**

**Recruit NEW Members!**

查詢詳情，請致電康體部，電話 2482 8681。  
For details, please contact S&R Dept. at 2482 8681.

## 2024 游泳班及游泳隊 2024 Swimming Course & Swimming Team



現已接受報名，請到康體部櫃台索取申請表格。  
Please collect application forms from S&R Counter and apply for entry.  
(只限會員 Members only)

導師資歷 INSTRUCTOR:  
SHAPEUP CORNER 導師

## 動感瘦身舞班 FUNKY DANCE

隨著強勁的音樂節奏，重覆演練一些不同風格如爵士舞、街頭舞、K-POP 等的舞步動作及運動做法。舞步一般較為簡單易學，且舞步活潑並富有動感，趣味性十足。

對象 TARGET: 16歲或以上人士 AGED 16 OR ABOVE

日期 DATE: (A) 逢星期五 EVERY FRI / (B) 逢星期六 EVERY SAT

時間 TIME: (A) 11:00AM - 12:00NN / (B) 8:00PM - 9:00PM

費用 FEE: \$600/4堂 SESSIONS

好處:

- 改善心肺功能
- 收緊肌肉線條
- 塑造健美型態
- 減少不同部位的脂肪

## 瑜伽輪 Yoga Wheel

又稱為「後彎神器」，尤其對於腰背僵硬及肩膊肌肉比較繃緊的人士，瑜伽輪的確是很有用舒緩肌肉痠痛的輔助工具。

- 6 大好處:
- 改善寒背及腰背痠痛問題
  - 訓練平衡感
  - 暢通全身血液循環

- 舒緩肌肉痠痛及疲勞
- 提升身體穩定度及靈活性
- 緩解現代生活習慣所造成的肌肉緊張

日期 DATE / 時間 TIME: (A) 逢星期五 EVERY FRI / 10:00AM - 11:00AM

(B) 逢星期六 EVERY SAT / 7:00PM - 8:00PM

費用 FEE: \$550/4堂 SESSIONS

3 / 12 / 2023  
觀賞新米埔 | Wonderful Mai Po



9 & 10 / 12 / 2023  
2023 英式桌球錦標賽 - 年終大賽 | Snooker Competition 2023 - Year End



24 / 12 / 2023  
聖誕全城 HO HO HO | Merry Christmas HO HO HO



14 / 1 / 2024  
水仙花造型工作坊 | Daffodils Modeling Workshop



12 / 2 / 2024  
吉祥醒獅賀新歲 | Lucky Lion Dance Performance





# 新入會優惠

## Special Offers for New Members

凡於**2024年4月至5月**，成功申請全新「個人會籍」，可享總值高達**\$17,000** 回贈：  
Join Our **Individual Membership between April and May 2024**, you can enjoy a rebate of up to **\$17,000** as follows:

- 可獲贈價值**\$10,000** 「飲食現金券」  
\$10,000 worth of "Food & Beverage" coupons.
  - **20張**嘉賓康體券(價值高達\$3,000)  
20 pieces of S&R Guest Coupons (value up to \$3,000).  
<或可選擇價值**\$1,000** 「飲食現金券」及**10張**嘉賓康體券(總值高達\$2,500)>  
<Or: **\$1,000** worth of "Food & Beverage" coupons plus **10 pieces** of S&R Guest Coupons (total value up to \$2,500).>
  - 錦綉花園業主尊享額外價值**\$1,000** 「飲食現金券」  
An Additional **\$1,000** worth of "Food & Beverage" coupons will be provided exclusively to Fairview Park owners.
- \* 「個人會籍」可申請配偶及子女卡，受條款、年齡及細則約束。  
Individual member can apply for a spouse and kids card, subject to special terms, conditions, and age restrictions.

查詢詳情或預約參觀，歡迎致電 **2471 6333** 與會員部聯絡。  
For enquiries or appointment of a club tour, please contact Membership Department at **2471 6333**.

新業主優惠  
New Owners Offer

**\$3,000**

會員推薦獎賞  
Member Referral Rewards

**\$2,000**

飲食現金券  
"Food & Beverage"  
Coupon

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如對本刊物有任何意見，歡迎與會員部聯絡。  
If you have any comments on this newsletter, please contact Membership Department.

俱樂部保留隨時修改本刊內之宣傳優惠或節目之權利，而毋須事先通知，如有任何爭議，俱樂部保留最終之決定權。  
The Club reserves the right to amend/cancel the promotions or events on this newsletter without prior notice and reserves the right for final decision in case of any dispute.

